



# mill valley KITCHEN

## morning bowls

### MVK SMOOTHIE BOWL \$14

fresh dragon fruit, assorted seasonal house sorbets, granola, yogurt, assorted berries, honey  
670 | 16 | 131 | 7 | 10

### BDE MAKA SKA BOWL \$13

greek yogurt, granola, fresh berries, honey, mint  
540 | 13 | 82 | 29 | 9

## salads

### MIXED GREENS \$11

goat cheese, dried cranberries, pepitas, ground flax seed, red wine vinaigrette  
250 | 20 | 13 | 7 | 3

### BABY KALE \$12

manchego, pine nut, lemon-chili vinaigrette  
230 | 26 | 17 | 9 | 3

### BEET & APPLE SALAD \$12

spinach, walnut, bleu cheese, cider vinaigrette  
320 | 22 | 31 | 9 | 3

## add protein

### CHICKEN BREAST \$9

190 | 3.5 | 0 | 36 | 0

### GRILLED SALMON \$12

230 | 14 | 0 | 25 | 0

### TERES MAJOR \$14

STEAK\*  
250 | 15 | 0 | 28 | 0

### GRILLED GARLIC SHRIMP \$10

135 | 3 | 1 | 27 | 0

## sweet

### BRIOCHE FRENCH TOAST \$16

fresh berries, whipped cream, powdered sugar  
1050 | 47 | 133 | 23 | 3

### BLUEBERRY QUINOA PANCAKES \$16

fresh berries, whipped cream, powdered sugar  
730 | 19 | 128 | 14 | 5

## snacks & sides

### CRISPY POTATO \$9

bell peppers, onions, crème fraîche  
370 | 13 | 58 | 8 | 9

### BUTTERMILK BISCUITS \$6

seasonal jam  
560 | 20 | 65 | 8 | 1

### FRUIT PLATTER \$9

140 | 0.5 | 36 | 2 | 6

### CHICKEN SAUSAGE \$6

210 | 11 | 5 | 23

### BACON \$7

310 | 24 | 20

### HUMMUS \$16

smoked olive, chermoula, pine nuts, vegetables, sourdough pinsa  
580 | 22 | 83 | 20 | 18

## savory

### KIMCHI FRIED RICE BOWL\* \$17

chicken thigh, grilled caulilini, carrot, shiitake, peas, yum yum sauce, fried egg  
550 | 29 | 35 | 40 | 35

### CALIFORNIA BENEDICT\* \$19

avocado, spinach, tomato confit, fresno chile, cilantro, hollandaise, side salad  
790 | 63 | 33 | 25 | 5

### CLASSIC BENEDICT\* \$19

ham, hollandaise, side salad  
940 | 69 | 29 | 48 | 3

### SHAKSHUKA\* \$16

spiced tomato sauce, feta, cilantro, choice of bacon or turkey sausage, choice of toast  
770 | 56 | 37 | 31 | 6

### SMOKED SALMON BENEDICT\* \$19

kale, poached eggs, caper-shallot-dill hollandaise, side salad  
920 | 68 | 32 | 45 | 6

### HUEVOS RANCHEROS\* \$17

chorizo, black beans, salsa verde, radish, avocado  
580 | 31 | 30 | 48 | 6

### BISCUITS & MUSHROOM GRAVY\* \$17

two eggs any style  
1040 | 54 | 84 | 32 | 3

### THE STANDARD\* \$17

two eggs, potato hash, bacon or turkey sausage, choice of toast  
660 | 36 | 52 | 30 | 5

### AVOCADO TOAST\* \$17

two eggs any style, marinated tomatoes, radish, cilantro, sunflower seeds  
600 | 46 | 27 | 23 | 9

### DAILY OMELETTE \$16

two eggs, seasonal selection, side salad

### GRILLED SHRIMP SALAD \$18

green papaya, mango, bean sprouts, kelp noodles, 5 spice peanuts, micro cilantro  
345 | 10 | 30 | 40 | 6

## handhelds

served with side salad

### BREAKFAST BURRITO \$17

scrambled egg, black bean, potato, pico de gallo, cheddar, avocado, harissa aioli  
600 | 40 | 42 | 20 | 14

### EGG AND CHEESE SANDWICH \$16

cheddar scrambled eggs, braised kale, turkey sausage or bacon, english muffin  
560 | 25 | 50 | 6 | 34

### MEDITERRANEAN WRAP \$18

grilled chicken, tomato, cucumber, onion, harissa, tzatziki  
430 | 20 | 25 | 39 | 6

### BRUNCH BURGER\* \$19

bison patty, lettuce, tomato, caramelized onion, avocado, aioli, fried egg, add cheese +7  
880 | 56 | 52 | 47 | 11

### FELLERS RANCH WAGYU SMASH BURGER\* \$19

cheddar cheese, lettuce, tomato, onion, special sauce  
880 | 56 | 37 | 57 | 4

### SALMON BURGER\* \$19

lettuce, tomato, onion, avocado, aioli  
850 | 65 | 30 | 38 | 6

### VEGGIE BURGER \$18

beet and lentil patty, lettuce, tomato, onion, avocado, lemon aioli \*contains nuts\*  
900 | 43 | 94 | 32 | 28

## Nutritional Information

from left to right, the numbers under each menu item represent:

calories fat carbohydrates protein fiber

 gluten-free

 vegan

 vegan adaptable

\*These items are served raw or undercooked or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food born illness, especially if you have certain medical conditions.

\*\*Wild mushrooms are not an inspected product and are harvested from a non-inspected site.